Clear Form

THE BIG BOOK'S WAY OF REMOVING FEARS (PP. 67 & 68)

INSTRUCTIONS: **a)** Study from the bottom of page 67 to the bottom of page 68 in the book *Alcoholics Anonymous.* **b)** Complete column 1 (listing whom or what I am fearful of), **from top to bottom**. **c)** Complete the remaining columns from **top to bottom** for each fear in column 1. Remember that "we are now on a different basis; the basis of trusting and relying upon God. We trust infinite God rather than our finite selves. . . . Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity" (page 68).

I'm fearful of: (1)	**Why do I have the fear? (2)**	**Where was my trust & reliance? (3)**		**Did self reliance work? (4)**		**Fear Prayer: "God, please remove my fear and direct my attention to what you would have me be" (5)**	**What would God have you be?** Write out your answer to that question for each and every fear listed. (6)
		Infinite God	My Finite Self	Yes	No	COMPLETED FEAR PRAYER? ☐	
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